

Safelisting

LifeSpeak *Holistic Wellness*, recognizes that our clients may need to block an abnormal amount of SMTP connection to your company's SMTP gateway. This message is to alert you of LifeSpeak Holistic Wellness emails to your members and to give you the technical details of our server so that members may receive emails from LifeSpeak Holistic Wellness without hindrance. LifeSpeak Holistic Wellness uses SPF, DKIM, and DMARC to ensure that our email sources are trusted.

In addition, if members are using personalized login, deliverables include the LifeSpeak Holistic Wellness portal and communication will take place with: portal.lifespeak.com

Your SMTP gateway will need to accept the connections from our SMTP server in order for the email to get to the members' mailbox. Depending on the setup of your company's SMTP servers, safelisting or open targeting rules may need to be created for this service to work properly. Please pass this along to the appropriate person in your company.

Sender: member.support@lifespeak.com

Sender: communications@lifespeak.com

Return Path: from domain cd.wellbeats.com

Subject(s):

1. LifeSpeak Roundup Client Newsletter: August 2025
2. Sneak peek: you have a new virtual wellness offering from {{Company Name}}
3. Reminder: Discovering New Ways to Promote Your LifeSpeak Benefit Webinar [TOMORROW]
4. Thank you! Your LifeSpeak survey has been sent

EMAIL SENDER SAFELISTING:

member.support@lifespeak.com

clientreports@lifespeak.com

communications@lifespeak.com

or

IP ADDRESS SAFELISTING FOR MEMBERS (SENDGRID):

149.72.135.85

149.72.215.189

VIDEO PLAYER SAFELISTING:

edge.api.brightcove.com

house-fastly-signed-ap-northeast-

1-prod.brightcovecdn.com

house-fastly-signed-ap-southeast-

1-prod.brightcovecdn.com

house-fastly-signed-ap-southeast-

2-prod.brightcovecdn.com

house-fastly-signed-eu-west-1-

prod.brightcovecdn.com

house-fastly-signed-us-east-1-

prod.brightcovecdn.com

LifeSpeak Holistic Wellness adheres to the CAN-SPAM Act: all emails are sent from a legitimate email address and includes relevant subject lines, unsubscribe links and a physical address. LifeSpeak Wellness does not share participant data, including email addresses, with any third parties.