

# An Energized Workforce

## Wellbeats *Wellness* Total Experience

Access our full, curated library, plus custom experience opportunities with Wellbeats *Wellness*, a product of LifeSpeak Inc.

**WELLBEATS DIGITAL CONTENT LIBRARY:** Discover a curated collection of thousands of fitness, nutrition, and mindfulness classes for a happier, healthier population.

**FRIENDS AND FAMILY FEATURE:** Embark on the wellness journey with loved ones. Invite up to five others to stay healthy together; invitees receive the same unlimited Wellbeats access.

**CONSISTENT GLOBAL AND DOMESTIC EMPLOYEE PEPM:** Reach all your employees, no matter where they are around the world, for the same price.

**WELLBEATS CHALLENGES:** Company-wide group challenges motivate members to achieve health goals through engagement and friendly competition. Employees earn points, track progress, and celebrate achievements with the challenge leaderboard.

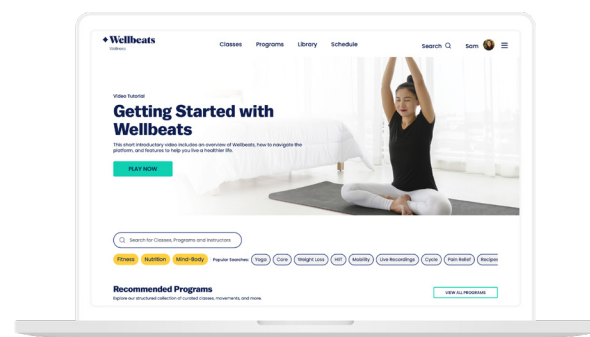
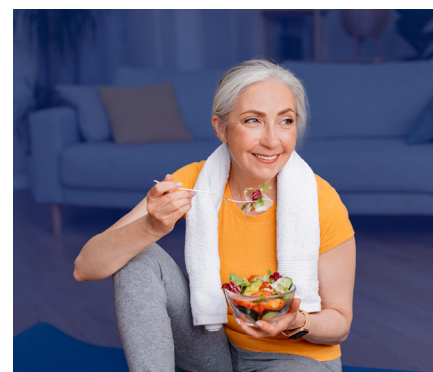
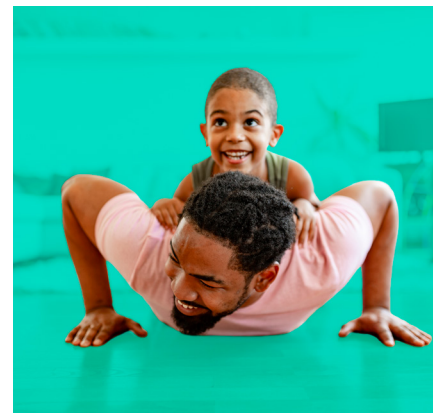
**LAUNCH MY HEALTH LIVE CLASS:** Experience the excitement of live cooking demonstrations and scheduled webinars featuring nutrition education, skill building, and recipes.

**MENTAL HEALTH LIBRARY:** Gain access to 11+ mental health programs with hundreds of classes led by world-class experts.

**CLINICAL NUTRITION LIBRARY BY LAUNCH MY HEALTH:** Access to 6+ clinical nutrition programs featuring hundreds of classes led by experts. Each program includes recipes, educational tools, and comprehensive workbooks.

**WELLBEATS ONSITE:** Transform your onsite fitness center or meeting room into a vibrant Wellbeats studio for shared classes during the workday.

**CUSTOM CATEGORY:** Tailor the Wellbeats *Wellness* experience to meet your organization's needs. We offer up to 20 videos specific to your company, visible only to your employees.



**Learn more today.**

Contact [partners@lifespeak.com](mailto:partners@lifespeak.com)

**LifeSpeak Inc.**

**Wellbeing can't wait.**