

Fitness, Nutrition, and Mindfulness

Wellbeats *Wellness* Essential

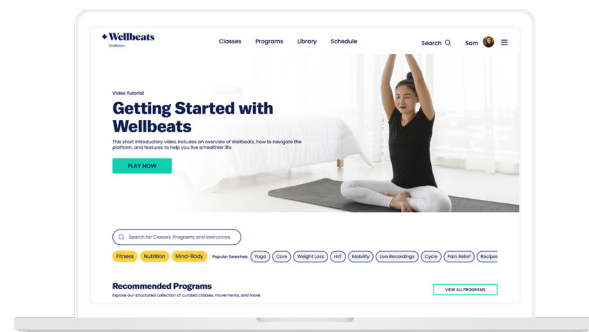
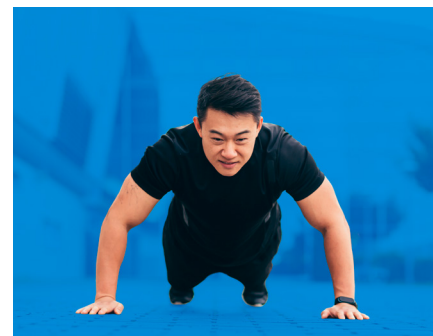
Wellbeats *Wellness*, a product of LifeSpeak Inc., empowers people of every age, interest, body type, and ability to take control of their health. Wellbeats creates the wellbeing community your employees need.

WELLBEATS DIGITAL CONTENT LIBRARY: Discover a curated collection of thousands of fitness, nutrition, and mindfulness classes for a happier, healthier population. With classes ranging from yoga, running, walking, nutrition, cycling, and more.

GOAL-BASED PROGRAMS: Stay motivated and on track with programs designed to support employees on their health journey, driving real results. These programs provide guidance to help achieve specific health and wellness goals.

CERTIFIED INSTRUCTORS: Access education-based classes led by world-leading, relatable experts for a supportive, and engaging experience.

CONSISTENT GLOBAL AND DOMESTIC EMPLOYEE PEPM: Reach all your employees, no matter where they are around the world, for the same price.



Learn more today.
Contact partners@lifespeak.com

LifeSpeak Inc.
Wellbeing can't wait.