+ Wellbeats

Wellness

Visual Guide

Brand Guide • LifeSpeak • Version 01 2022

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The Logo

Corporate and Product Logos

The LifeSpeak family of companies is moving to a unified brand. All brands will adopt the same font as the LifeSpeak logo with a short line of identifying subtext.

LifeSpeak Inc.

Corporate logo









Product logos

Color

Color

The core brand color pairing is Teal as the hero and Navy as the supporting secondary. Prioritize these colors while artfully adding the secondary colors in the palette for accents and support.

Primary Teal 00D1B2	Bright Blue 006FD3	Gray 1 F2F2F2	Gray 2 DEDEDE	Gray 3 A7A7A7	Gray 4 919191
Primary Navy 111F53	^{мід Navy} 1A2B69	Light Navy 2C3E78	Yellow FFD043	Gradient Yellow F6B92B	Bright Red FF004D

Color Guidelines

Using LifeSpeak Colors

Using the color palette correctly is important for maintaining the authenticity and professionalism of the brand. We are visually bold and energetic, while also caring and trustworthy. We strive to be approaching for all people, from the athlete coming for an advanced workout to the caregiver looking for relevant content to help them support their aging parent.

To achieve a bold and approachable look, balance whitespace and color. For single page documents, most copy should have a white background. For multi-page documents such as our brand guidelines, sales presentations, or proposals, full color pages can be used interspersed with pages with white backgrounds.



Color Guidelines

Uses for the primary Teal include text color (headers, subheads, body), the logo and Spark, and color overlay for photos. Lean into this color to drive the brand personality.

Uses for the primary Navy include text color (headers, subheads, body), the logo, and as a color overlay for photos.

Pair the Mid Navy with Navy in a linear color gradient to give blocks of color a refined look. Place the Navy at the top of the page or block of color with Mid Navy at the bottom.

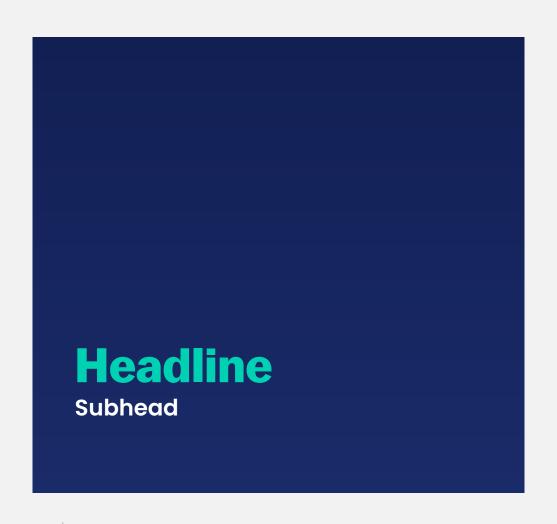
Uses for the Light Navy include text color (subheads, body) and color overlay for photos.

The Yellow and Gradient Yellow should be used in a color gradient for CTA buttons across websites, within the applications, and for CTA on other collateral. The Yellow can also be used as a stand-alone color for buttons, color overlay for photos, and color background. Gradient Yellow should only be used in a gradient.

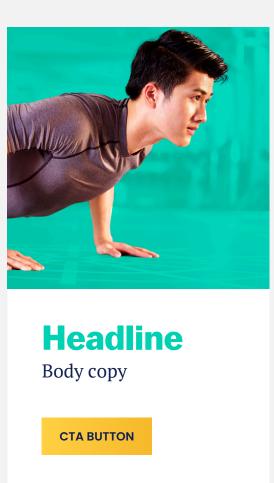
Uses for the Bright Blue include text color (headers, subheads, body, hyperlinked text), the logo and Spark, a color background, and for color overlay for photos.

Bright Red is the text color for error or warning messages within applications or websites.

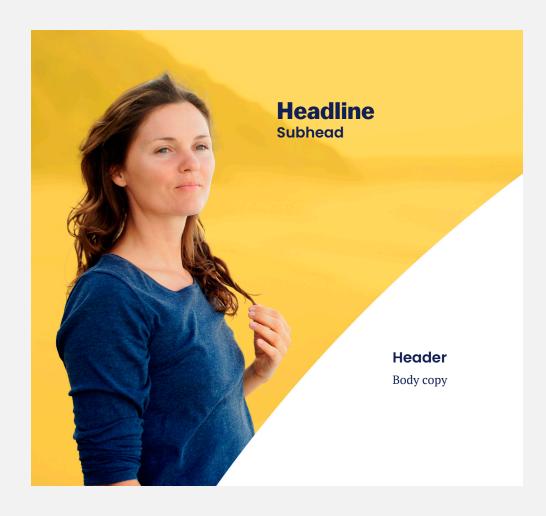
Color Use Examples



Navy/Light Navy gradient as a background color for transition page



Teal as a color overlay, Yellow/Gradient Yellow as a CTA button in web ad



Yellow as a color overlay in poster or large display

Typography

Typography

Balto Bold

HEADLINE

ABCDEFGHIJKLM NOPQRSTUVWXYZ abcdefghijklm nopqrstuvwxyz 0123456780

BODY COPY

PT Serif BOD

ABCDEFGHIJKLMNOPQRSTUVWXYZ abcdefghijklmnopqrstuvwxyz 0123456789

Poppins call outs, subhead, secondary body

ABCDEFGHIJKLMNOPQRSTUVWXYZ abcdefghijklmnopqrstuvwxyz 0123456789

SECONDARY FONTS (for use in applications such as PowerPoint where the primary brand fonts will not be accessible)

Century Gothic HEADLINES, CALL OUTS

ABCDEFGHIJKLMNOPQRSTUVWXYZ abcdefghijklmnopqrstuvwxyz 0123456789

Georgia BODY

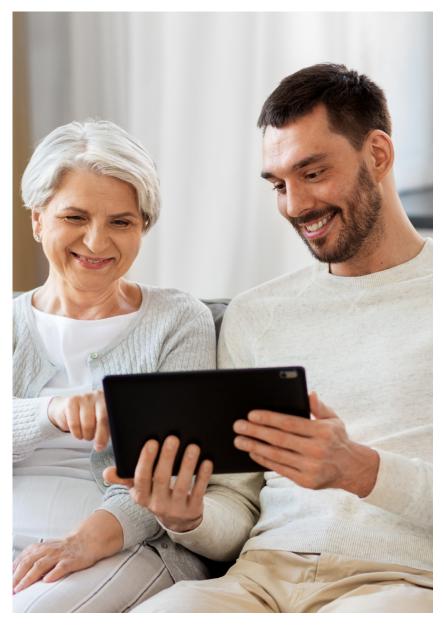
ABCDEFGHIJKLMNOPQRSTUVWXYZ abcdefghijklmnopqrstuvwxyz 0123456789





Photography

Photography represents our personality and tone. Images should be forthright, energetic, and authentic, as well as clear and uncluttered, showing a moment in time. Images must be inclusive and representative across all metrics – gender, race, ability, age, identity, cognition, sexual orientation, family construct, etc. Every user should see themselves reflected in the platform and communications imagery. Images associated with topics that are difficult or sensitive should reflect that, and not undermine the user's reality by forcing a positive spin where one is likely not felt by the user.











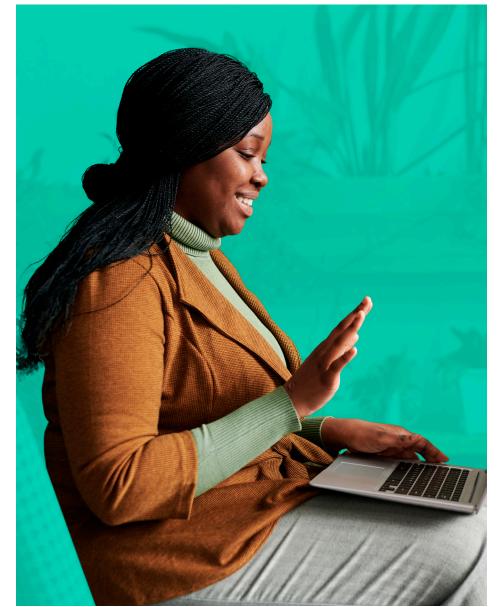


Photography Color Overlays

When adding color overlays to photos, please follow these steps to ensure each LifeSpeak color appears accurately vivid.

- 1. Open a photograph in Photoshop.
- 2. Select **Edit** in the menu, followed by **Assign Profile...**
- 3. In the dialog box, switch to **Profile:** and ensure **Adobe RGB (1998)** is selected in the drop down menu and select **OK.**

With the document set to the correct profile, you can now add a new color layer above your photo. Depending on your needs, it can cover the entire photo, or include a mask showing the individual or subject in the photo. In most cases, setting the color layer to 85% opacity is ideal.







Iconography

Iconography

Iconography should be monoweight and limited to 1-2 colors from the primary color palette. Icons should be used periodically for emphasis on categories like values or various programs.



















+ Wellbeats

New Amenity Coming Soon: LifeSpeak.



Wellbeats is an on-demand video streaming platform with high quality, expert-led fitness, nutrition, and mindfulness classes you can play on your personal devices anytime, anywhere.

WHAT'S INCLUDED:

- 1,000+ fitness, nutrition, and mindfulness classes for all ages, levels, abilities, and interests
- Classes such as yoga, strength training, HIIT, running/walking, meditation, mental wellness, healthy recipes, cycling, kickboxing, kids activities, and cooking education
- Goal-based programs with guided plans to keep you on track such as Get Started, Train Your Way to a 5K, Lose Weight, Build Strength, Daily Mobility, Healthy Back, Stress Less, and Nourish Your Everyday
- Short stretch breaks and exercises to recharge during the day
- Personalized class and program recommendations
- · Personal statistics and automated reminders
- Social features to schedule classes, invite others to join, and chat in real time



Stay tuned for more information coming soon!





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