LifeSpeak Inc.



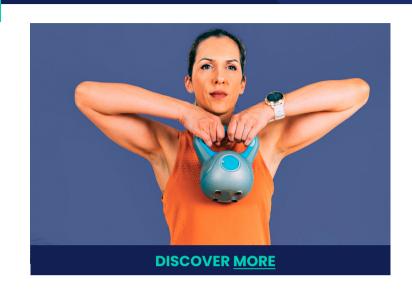
PHYSICAL ACTIVITY & WELLBEING

LifeSpeak Fit

Powered by Wellbeats Wellness

A Comprehensive Approach to Wellness





- More than 1,000+ fitness, nutrition, and mind-body classes available anytime, and anywhere, providing a comprehensive approach to overall wellbeing.
- On-demand classes with your favorites such as yoga, cardio, cycle, running, dance, work breaks, nutrition education, meditation, and mindful movement.
- Goal-based programs for achieving results and sustaining focus such as A Stronger you, Nourish Your Everyday, Relieve Stress, Commit to Fit, and You in Mind.
- High-quality content led by world-leading, relatable, licensed experts for a supportive, and engaging experience.

