

SUBSTANCE USE

ALAViDA Substance Use

ALAViDA is a confidential, virtual solution for alcohol and drugs, designed for a working population. Accessible and available from any device, for anyone questioning their relationship with substances.



Comprehensive Substance Use Support



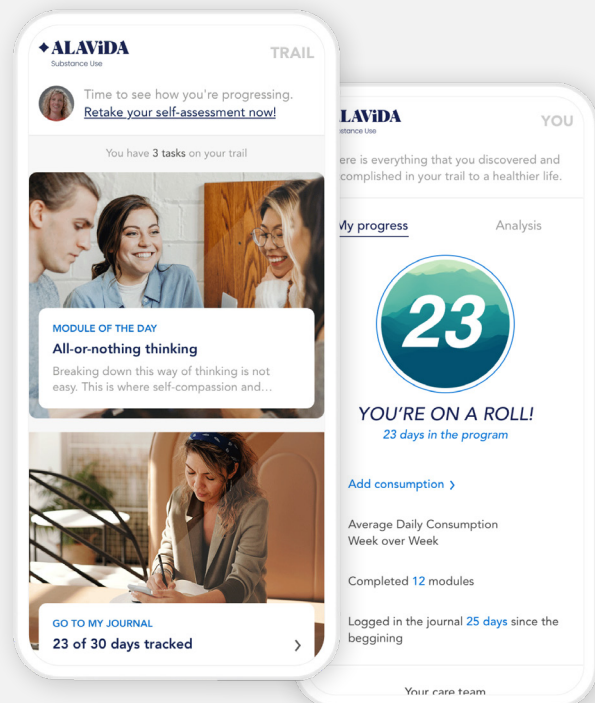
ALAViDA Substance Use

- Connected model of virtual care
- Virtual companion to guide journey
- Daily journal for tracking

Evidence-based therapeutic approach to help understand substance use, strengthen decision-making skills, and learn how to take control.

Access to prevention, detection, and treatment for any substance use challenge - all from a single, smart solution.

Internet-based Cognitive Behavioral Therapy/iCBT modules developed by our team of experts.



100% confidential



24/7 accessible
anytime, anywhere



80% reduced their
consumption